



VALLEJO YACHT CLUB

# The BINNACLE

March 2022

Founded 1900

[www.VYC.org](http://www.VYC.org)

P.I.C.Y.A. Club of the Year in 2015, 2014, 2013, 2012, 2010, 2009, 2008, 2007 & 2006!

*March 5th*

**Dock Hop - Learn to Sail Benefit Dinner**

2:00-6:00 PM

*March 8th*

**Board of Directors Meeting**

7:00-9:00 PM

*March 12th*

**Jiggs Dinner**

6:00-9:00 PM

*March 13th*

**Sunday Brunch**

10:00 AM-1:00 PM

*March 18th-20th*

**Cruise out to Loch Lomond**

*March 31st*

**General Membership Meeting**

7:30-8:30 PM

*Friday Night Dinners*

5:30-9:00 PM



## COMMODORE REPORT **Matt Hendricksen**

Hello Shipmates,  
I'm writing this as we just returned from the Sweetheart's Cruise to Benicia Yacht Club. Wow, what a great time! We had a great turnout of VYC members both by boat and car -- the Benicia guest dock was completely filled from end to end. Our BYC hosts had a delicious dinner ready for us as well as some live entertainment. Amy and I are already looking forward to the next cruise-out.

Rear Commodore Scott Green is launching a new event called the Dock Hop coming very soon on March 5th. I'm very excited about this one. Members and their guests will be able to pick from several delectable meal options which will then be delivered directly to your boat, car, or right on our scenic patio. To continue the theme, Bar Manager Dave has created some Dock Hop-themed beverages. Yum!

Less than two months until The Great Vallejo Race! The volunteer board still has lots of empty slots -- bring yourself, bring your family, bring your friends!

I've written and discussed the security situation at the club both here and in our General Membership Meetings. Hopefully, you had a chance to attend the meeting in February where we discussed the options in a little more detail. I've had a number of members offer input, but not enough. We need to decide what kind of gate we will have (if any) as well as how it will work and how we will pay for it. Your input matters, make sure it's heard, and reach out to me or another member of the board.

See you at the club!

— *Matt Hendricksen*, Commodore  
Email address: [commodore@vyc.org](mailto:commodore@vyc.org)



## VICE COMMODORE REPORT **Jeremy Haydock**

Greetings shipmates!  
The big date is drawing closer, April 30 - May 1 for the Great Vallejo Race will be here before we know it! We are expecting a big turnout this year, with registrations for other races so far being up by large margins. The big signup board is in the clubhouse in the main room. We have had quite a few amazing members signup, but the board is still more than half empty. We still need more bartenders, line handlers, boat dockers, cashiers, help with setting up the big tent out front a few days before the event, and takedown of the tent the day after the event. We still need more ship's store volunteers selling our awesome Great Vallejo Race shirts and sweatshirts and other swag.

This year we will not be using tickets, just cash or credit cards, so we will definitely need some members to be cashiers at the beer truck, the burger stand, and the main food tent. Our new wireless credit card readers are the easiest thing to use, even easier to use than a cell phone!!

Any member who just wants to come down and help in a general way, we will of course, welcome with open arms as well!! Keep in mind that all volunteers get a free meal (bbq baby back ribs, or bbq chicken, or a burger) and a free drink. Feel free to join our Wednesday night zoom meetings at 7:00 pm to help in the planning and sponsorship drive as well. Please check your email for a link to the meeting!

Our amazing members are the heart and soul of this event and are the reason why this event has such a great reputation as being an amazing party, an incredibly welcoming and fun event. Many Bay area sailors look forward to this event all year long and that is because of the incredible effort and time our members willingly put into this event.

Cheers!

— *Jeremy Haydock*, Vice Commodore  
Email address: [vicecommodore@vyc.org](mailto:vicecommodore@vyc.org)



## REAR COMMODORE REPORT **Scott Green**

Greetings!

Two big things pop up in my head this month that exemplify the fun of our Club. First is the willingness of members to try new things out to have fun and to celebrate. Toward that end, I would like to thank everyone for the Inaugural Dock Hop event on March 5th. As I write this, I don't really know how it'll go, but I am looking forward to trying something new. Without the support and help of so many, events like these can never be pulled off! So I thank those who did help out and those who participate - especially the Dock Hop Boaters!

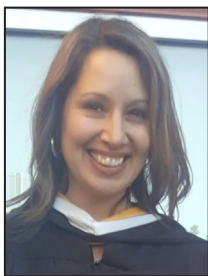
The other exemplary thing I want to commend is Noble Brown's efforts to keep alive and to re-invigorate our Cruise-Out Program. I did my first one February 18-20 over to Benicia, and I must say, I had an absolute blast hanging out with all the cruisers. A heady reminder of how cool being a member of VYC is!

I thank you sincerely and humbly,

Your Rear Commodore, Scott

— *Scott Green*, Rear Commodore  
Email address: rearcommodore@vyc.org

## SAFETY REPORT



Wednesday night racing begins in April! Will you be out there with your boat? Consider preparing yourself and your crew by going over basic safety issues, including a man-overboard contingency.

San Pablo Bay can be boisterous in a stiff wind. How would you respond to someone falling overboard in those conditions? You would think that retrieval would be the primary factor. But perhaps more important is the initial response of the one who went overboard. Members have heard P/C Chris Mendonca declare the first two rules of sailing:

1. Stay on the boat.
2. Stay on the \$#! boat!

This truth is simple but of utmost importance. Although the air may be in the 80s or 90s, the Bay waters are only in the 50s or 60s. Sudden immersion into cold water triggers an involuntary reflexive torso gasp. This sudden response of breathing deeply may cause the person to inhale water, rather than air, into their lungs, resulting in throat

spasms, disorientation, panic, and the loss of any physical ability to swim or remain afloat. In addition, cold water causes a sudden constriction of surface blood vessels that subsequently brings on an immediate jump in blood pressure and heart rate. If the heart cannot handle this jump, sudden cardiac arrest can occur. Even the best crew may not be able to rescue the MOB in time.

So...stay on the boat! And don't forget your life-jacket. If you do hit the water and experience torso reflex, the lifejacket will help keep your face and mouth out of the water. It will also keep you at the surface and within reach of your crew members' rescue efforts.

To quote the US Coast Guard's Boating Safety Division (CG-BSX-2), "The best lifejacket is the one you will wear."

Be safe, and good luck this season!

— *Deb Rocchild*, Safety Committee Chairperson  
Email address: safetyofficer@vyc.org

# Galley Report

We've got some great dinners planned for the month of March.

Please stop down and join us!

Jim Glenn

## March Menus

### Friday, March 4th

**Entrees**

New York steak, baked potato, house salad  
Cedar plank salmon, risotto, house salad  
Iceberg wedge salad

**Appetizers**

Jalapeño poppers  
Beer batter mushrooms  
Sweet potato fries  
Barbeque pork with hot mustard  
Shrimp cocktail

**Dessert**

Stephanie's dessert

### Friday, March 11th

**Entrees**

Tri-tip, baked potato and spinach, pear, and gorgonzola salad  
Coq Au Vin (chicken in wine sauce), fettuccine, and spinach, pear, and gorgonzola salad

**Appetizers**

Jalapeño poppers  
Beer batter mushrooms  
Sweet potato fries  
Barbequed pork with hot mustard  
Shrimp cocktail

**Dessert**

Stephanie's dessert

### Friday, March 18th

This dinner will be a special, long table dinner for new member introduction.

**Entree**

All-you-care-to-eat spaghetti, salad, French bread

**Dessert**

Stephanie's dessert

### Saturday, March 19th

Join us for the St Patrick's Day Jiggs dinner!

### Friday, March 25th

**Entrees**

Orange roughly with citrus sauce, risotto, salad  
New York, baked potato, salad

**Appetizers**

Jalapeño poppers  
Beer battered mushrooms  
Barbequed pork with hot mustard  
Shrimp cocktail

**Dessert**

Stephanie's dessert

## THE SHIP'S STORE



We have lots of new merchandise in the VYC Ship's Store like new ladies' tees, hoodies, light fleece, and jackets. We also have new men's Hawaiian shirts, too.

I am actively looking for members to help sell GVR merchandise at the Great Vallejo Race, April 30th-May 1st. Please see the sign up board at the club.

You may see a slight increase in the price of our merchandise because of the price increases I am seeing at the wholesale sites as well as big increases in shipping costs. I try very hard to keep our prices low for members and friends.

I hope to see everyone soon!

— Barbara Brown, Ship's Store Chairperson

# PICYA REPORT



The February 7, 2022, PICYA Awards meeting was held virtually on Zoom at 7:30 PM. The Eight Bells ceremony in honor of Staff Commodore Peter Nardini was performed by Staff Commodore Reginald Smith.

This year's 2022 Commodore Joan Marsh presented the 2022 Nominating Committee's Slate for PICYA Officers and Directors:

#### Flag Officers:

Commodore, Joan Marsh, California Carver Club  
 Vice Commodore, Jennifer Neumann, Oxbow Yacht Club  
 Rear Commodore, Jan Lucas, Sea Ray Yacht Club of Northern California  
 Junior Staff Commodore, Patti Mangan, South Beach Yacht Club

#### Directors:

Jim Haussener, 2022-2023, Spinnaker Yacht Club  
 Rich Holden, 2022, Dos Rios Yacht Club  
 Wendy Foulks, 2022, Village West Yacht Club  
 Glen Bigelow, 2022-2023, Point San Pablo Yacht Club  
 Jillian Humphreys, 2022, Stockton Sailing Club

David Jackson, 2022-2023, Sequoia Yacht Club

Marilyn Sperling, 2022-2023, Pittsburg Yacht Club

The 2022 Slate was accepted by unanimous vote of the members.

PICYA Awards Luncheon Chair Staff Commodore Allison introduced the Master of Ceremonies, David Breninger, California Carver Club, who announced the winners

for 2021 and provided a brief background on each winner.

- Individual Meritorious Service Award, Otis & Marilyn Brock, Ebony Boat Club
- Club Meritorious Service Award, Otis & Marilyn Brock, Ebony Boat Club
- Bay and Delta Yachtsman Public Service Award, Oyster Point Yacht Club
- Edwin H. Wilder Perpetual Trophy PICYA Newsletter of the Year Awards
  - 1st, Tahoe Yacht Club
  - 2nd, Stockton Yacht Club
  - 3rd, San Jose Sailing Club
- Lloyd Ryland Trophy, Catherine Moscow, Commodore, Coyote Point Yacht Club
- Harter "RBOC Gale Force Wind" Award, California Carver Club
- John and Stephanie Sims Webmaster Award, Ox Bow Yacht Club
- Jo Bates Memorial Delegate of the Year Award, Staff Comm. Linda Blue, Petaluma Yacht Club
- Admiral Chester W. Nimitz USN Perpetual Trophy, Marin Yacht Club
- The Condon Award, Kevin Kirberg, Coyote Point Yacht Club
- Robert S. Olson Memorial Poseidon Award, Colleen Stauss, Staff Comm. Loch Lomond Yacht Club
- Douglas Boswell Perpetual Trophy Yachtsman of the Year Award, Dick Loomis, Richmond Yacht Club, Posthumously

#### COTY (Club of the Year) winners

- 1st, Ebony Boat Club
- 2nd, San Jose Sailing Club
- 3rd, South Beach Yacht Club

Perfect Attendance and Club Star Certificates were mailed to club representatives.

#### Upcoming events:

- 2/19, Cruise around Treasure Island
- 3/7, PICYA Delegate Meeting Pittsburg YC, Virtual and in-person
- 3/12, Commodore's Ball and Installation of Officers, Corinthian YC, (rescheduled)
- 3/26, Spring Leadership Conference, Discovery Bay YC, Virtual and in-person
- 4/4, Delegate Meeting, TBA, Virtual and in-person
- 4/24 Opening Day 2022, In-Person
- 5/9 Opening Day 2022 Awards, Oyster Point YC

— Maggie Sabovich, PICYA Delegate  
 mksabovich@yahoo.com

# Sweetheart's Cruise Out to Benicia

The annual Sweetheart's Cruise was a great event! Thank you to Cruise Director, Noble Brown, for coordinating the outing. We had eight boats descend on the Benicia Marina on the 18th. The Saturday night dinner at the Benicia Yacht club was delicious, whether you had the special prime rib, the salmon, or one of the salads on the menu, you were sure to have a wonderful meal. The live music was enjoyed by all.

We would like to thank the Benicia Yacht Club for their hospitality and warmth!



What a mighty fine-looking VYC crew!



Left to right: Jeremy Haydock, Scott Green, Benicia Yacht Club Vice Commodore Dena Stults, Kerry Scott, and Matt Hendricksen



A meeting of the Commodores! Matt Hendricksen and Benicia Yacht Club Commodore Andy Zinkevich

## Improvements at the Club

Bruce Martens has been busy repairing and painting the flagpole. This renovation will certainly improve the curb appeal of the club. Thank you, Bruce, for your hard work!



Bruce Martens, hard at work.



We are very happy to be able to have more parties and events at the club. To be successful, we need volunteers to plan and execute these events. There is a bevy of talent within the club, so please consider sharing your time. We are especially in need of bartenders. Jennifer Charvez does an amazing job keeping us plied with beverages on Friday nights, but as we hopefully draw in more people for more parties and club events, we need more help. Dave Nadolne, our bar manager, is happy to train folks who want to volunteer. Please feel free to contact him at [Daven30ww@gmail.com](mailto:Daven30ww@gmail.com) to set up a time to learn about mixology, bar procedures, and operating our point of sale system.

Barbara is also looking for help at the Ship's Store. She keeps our store stocked with great items, but we need help staffing the store so that folks have ample time to shop. Please reach out to Barbara to get trained and scheduled at the store.

Large events like the Great Vallejo Race and the Learn to Sail Dock Hop Benefit have special planning committees to coordinate many different types of volunteers. Please check your emails from VYC for committee meeting times. We also have sign-up boards in the clubhouse, so please check it out!

Thank you in advance for your participation!

## ~~You Don't Say.....~~

There are a couple of origin stories where we got the saying "The whole nine yards". Some say it's a nautical term referring to full sails on a three-masted ship, others say that it refers to the appropriate amount of fabric used to make a proper Scottish kilt.

According to Tom, American fighter planes in WW2 had machine guns that were fed by a belt of cartridges. The average plane held belts that were 27 feet, or nine yards, long. If a pilot used up all his ammo, he was said to have given it the whole nine yards.

Feel like debating the origins of this widely-used saying? Stop down at the clubhouse, grab a drink, and let's talk it out!

If you have a fun anecdote to share, please email it to [binnacleeditor@vyc.org](mailto:binnacleeditor@vyc.org)!



## *Dock Hop - Learn to Sail Benefit*

On March 5th from 2 PM-6 PM, we will host a dinner to benefit our Learn to Sail program. Scott Green and a host of volunteers will offer four different menu selections that you can take to go, dine in at the club or patio, or have your dinner delivered directly to your boat! Please sign up either on the board at the club or via the form that should be in your inbox! Please stop by and visit the bar for a drink as well!

### **MENU**

#### **Chesapeake Shrimp - \$30.00 per serving**

Succulent shrimp seasoned in Chesapeake Bay seasoning. Served with a green salad and bread.

#### **Manicotti - \$25.00 per serving**

Tender pasta stuffed with ricotta, topped with a meaty red sauce. Served with a green salad and bread.

#### **Fettuccine Alfredo - \$25.00 per serving (Vegetarian)**

Fettuccini topped with a creamy alfredo sauce. Served with a green salad and bread.

#### **Yellow Chicken Curry - \$20.00 per serving**

Chicken and vegetables simmered in a mild, yellow coconut curry sauce. Served with a green salad and white rice.

## February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Monday Night NFL & MLB - Fun & Games... 6:00pm - 9:30pm					

## March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>BSA Venturing Crew 222 Meeting 7:30pm - 8:30pm</b>	2	3	4 Friday night Dinner - New York Steak - Cedar Plank Salmon - Bar opens 5:30pm - 8:00pm	5 <b>Dock Hop - Learn To Sail Benefit signup sheet on board</b> <b>Midwinter Race 1:00pm - 4:00pm</b>
6 <b>Private Event - "B" 11:30am - 3:00pm</b> U.S. Coast Auxiliary meeting - Steve Johnson - 707-205-6108 7:30pm - 9:30pm	7 <b>Vallejo Flood &amp; Wastewater District Leadership Retreat 8:30am - 1:30pm</b> Monday Night NFL & MLB - Fun & Games... 6:00pm - 9:30pm	8 <b>Board of Directors Meeting 7:00pm - 9:00pm</b>	9	10	11 Friday night Dinner - Tri Tip - CogAuVin (chicken in wine sauce) - Bar opens 5:30pm - 8:00pm	12
13 Daylight Savings Time Begins <b>VYC Sunday Brunch 10:00am - 1:00pm</b>	14 Monday Night NFL & MLB - Fun & Games... 6:00pm - 9:30pm	15 <b>BSA Venturing Crew 222 Meeting 7:30pm - 8:30pm</b>	16	17 Saint Patrick's Day	18 <b>Cruise out to Loch Lomond YC and their St. Patrick's Day Party</b> Friday night Dinner - Long Table - Spaghetti - Bar opens 5:30pm - 8:00pm	19 <b>Cruise out to Loch Lomond YC</b> <b>St. Patrick's day Jiggs Dinner 6:00pm - 9:00pm</b>
20 <b>Cruise out to Loch Lomond YC</b>	21 Monday Night NFL & MLB - Fun & Games... 6:00pm - 9:30pm	22	23	24	25 Friday night Dinner - Orange roughly with citrus sauce, Risotto - New York Steak - Bar opens 5:30pm - 8:00pm	26 <b>Private Birthday Party - Naverud - "B" 5:00pm - 10:00pm</b>
27	28 Monday Night NFL & MLB - Fun & Games... 6:00pm - 9:30pm	29	30	31 <b>GENERAL MEMBERSHIP MEETING 7:30pm - 8:30am</b>		

## April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Friday night Dinner 5:30pm - 8:00pm	2



## Happy March Birthdays!

<p>Stan Jones - 03/01 Jose Pabon - 03/02 Bob McCowan - 03/03 Scott McKenney - 03/03 Dirk Donnel - 03/03 William Plummer - 03/04 Diane Deckard - 03/04 Sharon Dwoskin - 03/04 Fred Von Stieff, M.D. - 03/06 Earl H. Trumbull - 03/07 Diane Hanson - 03/09 Scott Gregor - 03/09 Pat McCarthy - 03/10 Jeffrey Mays - 03/10</p>	<p>Stuart Beavis - 03/11 Noble Brown - 03/12 Christopher Mendonca - 03/12 Mike Coleman - 03/13 Curtis White - 03/14 Stephen Kiejar - 03/17 Margot MacKerrow - 03/20 Dali Rus - 03/22 Tracy Verrett - 03/22 Anthonette 'Toni' Borges - 03/23 Nicole Winslow - 03/30 Jennifer Austin - 03/31 Shelly Simpson-Willey - 03/31</p>
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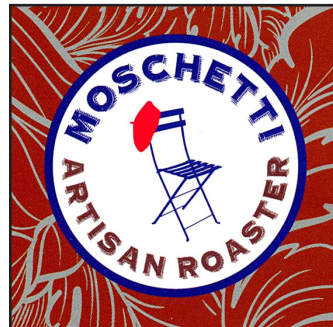
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and take pictures, please  
send the pictures (jpegs)  
to the  
Binnacle Editor

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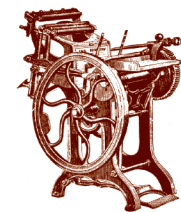
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## 2020 - 2021 Elected & Appointed Officers

Commodore .....	Matt Hendricksen
Vice Commodore .....	Jeremy Haydock
Rear Commodore .....	Scott Green
Staff Commodore .....	Kerry Scott
Treasurer .....	Chris Mendonca
Secretary .....	Samantha Fordyce
Port Captains .....	Jeff Ruzsler & John Van Vesslem
Fleet Captain-Sail .....	Mark Littlefield
Fleet Captain Power .....	TBD
Fleet Chaplain .....	Bob Reeves
Fleet Surgeon .....	TBD
Bar Manager .....	Dave Nadolne
Club Manager .....	Arv Voss

## Board of Directors

Chairman .....	Bob Lockhart
Director .....	Bill Sweitzer
Director .....	Jeff Ruzsler
Director .....	Gail Ashworth
Director .....	Tom Ochs
Director .....	Matthew Mack

## Committee Chairpersons

Social Committee .....	Jim Glenn
Safety .....	Deb Rocchild
Learn To Sail .....	Dale Anderson
Membership Chair .....	Mark Ashworth
Grounds .....	Carol Ruzsler
Ship's Store .....	Barbara Brown, Tracy Verret, Jennifer Scott
House Chair .....	Matthew Mack
Binnacle .....	Amy Hendricksen
Development .....	TBA
Website / Social Media .....	Jean Békind
Network Chair .....	TBA
Galley Chair .....	Jim Glenn
Community Liaison Officer .....	Julique Haydock

## Delegates

PICYA .....	Maggie Sabovich
YRA .....	TBD



## VALLEJO YACHT CLUB

485 Mare Island Way  
Vallejo, CA 94590

First Class

